TEXAS KINGDOM flag FOOTBALL

GENERAL FLAG FOOTBALL INFORMATION

- Flag Football is for PreK-4 - 8th Grade Boys & Girls
  Pee Wee Football: 5-9 years old (Size 5 football)
  Junior Football: 10-12 years old (Size 6 football)
  Intermediate Football: 12-14 years old (Size 7 football)
  Official Football: 14 & Up (Size 9 football)
- Teams are 5 v 5 (12 team members maximum)
- Flag Football Field Size - Standard 50 yards x 25 yards
- 1 hour game periods